Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaike

Coaches: Duck Chantal

Coaches: Christiaens Marloes

Coaches: Derumeaux Andrew HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 9: 50M BREASTSTROKE WOMEN 13+ Heat:3, starttime: 16:20

Heat: 3/4 Lane : 5 Athlete: LEMAHIEU LUCIE **Q-time: 00:40:21**

PB (25m pool): 00:40.21 Brugge 04/10/2026 **PB (50m pool):** 00:40.64 **SB:** 00:40.21 Brugge 04/10/2026

	2 5 M	5 0 M	
PB		00:40.21	
	00:40.21		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 13+ Heat:3, starttime: 16:25

Heat: 3/8 Lane : 6 Athlete: LEYNAERT ARNE **Q-time: 00:29:87**

PB (25m pool): 00:30.36 Kortrijk 14/01/2024 **PB (50m pool):** 00:29.87 **SB:** no time

	2 5 M	5 0 M	
PB		00:30.36	
	00:30.36		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13+ Heat:3, starttime: 16:35

Heat: 3/4 Lane : 2 Athlete: LEMAHIEU LUCIE **Q-time: 01:22:99**

PB (25m pool): 01:22.99 Brugge 04/10/2026 **PB (50m pool):** 01:28.17 **SB:** 01:22.99 Brugge 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.34		01:22.99	
	00:38.34		*00:44.65*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: KZK

Event number: 12: 100M BACKSTROKE MEN 13+ — Heat:4, starttime: 16:50

Heat: 4/6 Lane : 1 Athlete: LEYNAERT ARNE — **Q-time: 01:15:26**

PB (25m pool): 01:15.26 Veurne 19/10/2025 **PB (50m pool):** 01:17.05 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.94		01:15.26	
		00:36.94		*00:38.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+ — Heat:4, starttime: 16:50

Heat: 4/6 Lane : 6 Athlete: VICTOR SAM — **Q-time: 01:14:45**

PB (25m pool): 01:14.45 Brugge 04/10/2026 **PB (50m pool):** 01:17.89 **SB:** 01:14.45 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.02		01:14.45	
		00:36.02		*00:38.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+ — Heat:5, starttime: 16:50

Heat: 5/6 Lane : 5 Athlete: THUYLIE VIC — **Q-time: 01:09:49**

PB (25m pool): 01:09.49 Ettelbruck 19/04/2026 **PB (50m pool):** 01:11.66 **SB:** 01:09.79 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.47		01:09.49	
		00:34.47		*00:35.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: